



Sherwood Parkdale Skating Club

COME LEARN TO SKATE WITH US!

Hello Skaters and Families,

You are receiving this e-mail as you have a participant(s) registered in one of our Winter Canskate Programs. We want to welcome you (or welcome you back) to Sherwood Parkdale Skating Club and provide you with some reminders and information before we step on the ice this coming week. *See important dates attached.*

A MUST READ - WHAT TO BRING:

- Skates (we do not rent skates). Don't forget to sharpen your skates! New skates also need to be sharpened.
- Skate Guards – required on all non rubber surfaces in the facility. You also do not want to ruin your blades and nice new sharpening! A must have if you are arriving with skates on and walking in the parking lot. SPSC has a limited supply available for sale.
- **CSA approved hockey style helmet is mandatory**, and skaters will not be permitted on the ice without one (due to insurance purposes & their safety). Ski, Bike, universal helmets are NOT allowed. A face guard is recommended for Beginner Skaters.
- It can be quite cold inside the rink. Rather than wearing a snow suit, we recommend dressing in layers. Snow suits tend to be too bulky and can be difficult to move in. **Mittens or Gloves are mandatory.**
- If you are coming to us from another club's canskate program, please provide your report card before we start. You may also e-mail report cards or achievement levels to office@sherwoodparkdaleskatingclub.com for coaching review.
- **Review our Canskate Information on our home page** for items like “how to find my report card, my calendar of skating times and events, and more....”

The first day may be hectic. Arrive early so that you and your skater can be relaxed and prepared before the session begins. Once you arrive, there will be a table where you will check in. Each time you arrive you will collect your skater's name tag and check their name off a list indicating they are present. Check the notice board for your dressing room assignment. Please avoid using the stands to tie skates as there is insufficient protective coverage on the cement floors to protect your skates. When you are ready, skaters may line up against the boards by the ice surface to wait for instruction.

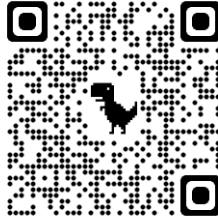
We realize you want the best view of your child as they skate. Please remain in the bleachers, the warm viewing area upstairs, or at the boards in front of the dressing rooms, though please do not block the doors. No parents are permitted on the bench (opposite the bleachers, near the time box). ***This is for Coaches and Program Assistants only and is not a viewing area.***

NOTE: *Only* parents/guardians who are **registered members of Skate Canada in our Parent Assisted Canskate Program** or a **registered Program Assistant with permission**, may go on the ice to assist skaters. Registered Parents must wear a CSA approved hockey style helmet unless assessed for the appropriate skill level by our Club Coaches. Our Certified Professional Coaches and Program Assistants will open the doors for you and help your participant onto the ice.

Parent Assisted Canskate Info: *Only* one parent assistant may go on the ice with each participant each session. If you registered two assistants, you would share days you go on the ice with your participant. Parent memberships are not transferable.

If at any time you would like to speak with a coach, please do so at the end of our session once their instructional time is over. They will be happy to speak with you.

Ask us about SPSC club wear. Many items are available through our store at https://allstarcresting.ca/spsc_apparel/shop/home in both youth and adult sizes.



Check out our hoodies, shirts, winter jackets and more.

Inquire with us regarding on-ice practice and/or competition jackets and SPSC mitts/gloves sold at the club.

VOLUNTEERS

Volunteers make less work for all. Consider joining us as a volunteer for events or on our board of directors. This is your club and a part of our community. Contact us at office@sherwoodparkdaleskatingclub.com if you would like to be more involved. From time to time, we will send notices looking for assistance. Your help would be greatly appreciated.

We hope you enjoy your season with us. Do not hesitate to contact us at office@sherwoodparkdaleskatingclub.com if you have any questions or go to our contact us page for specific contacts.

Thank you,

On behalf of the Sherwood Parkdale Skating Club

Laurie Godfrey
Administrator, SPSC